

10 ways to keep COVID-19 at bay!

Teammate Guide

1. Wash your hands frequently

Especially if you touch surfaces that could have been touched by others (at home, while traveling or shopping, etc.). Use soap and water for at least 20 seconds or use an alcohol-based hand sanitizer that contains at least 60% alcohol.

2. Keep your hands off your face

Avoid touching your eyes, nose and mouth as much as possible. This is equally important if you are wearing gloves.

3. Avoid close contact with other people as much as possible

Except for medical treatment including dialysis. When out and about, maintain a two-meter distance from all individuals unless they are members of your household and avoid social gatherings. **Strictly avoid contact with someone who is displaying symptoms of COVID-19.**

4. Cover your coughs and sneezes

Cough or sneeze into a flexed elbow or tissue. Throw the tissue in the trash and wash your hands. Patients with a cough will be asked to wear a mask in the clinic.

5. Clean surfaces regularly with surface detergents

This includes all surfaces that people frequently touch at home and the clinic (like the waiting area, dialysis chairs and equipment, door handles, etc.).

6. Complete your admission assessment every time you visit the clinic

If you have any symptoms of COVID-19 or have had contact with someone who has the virus or is suspected of having the virus, please let the assessment team know.

7. Follow the advice you are given during your admission assessment

If you are found to have symptoms of COVID-19 or to be at risk, you will need further assessment at another clinic or hospital. This is to ensure that you receive the best and most appropriate care possible.

8. Only come to the dialysis clinic when you are healthy and without symptoms

Coming to work is essential for caring for our patients. DaVita is constantly monitoring WHO and local authority guidelines to ensure that we are taking appropriate steps to protect our teammates and patients.

9. Contact your clinic by phone

If you have a fever, dry cough or sore throat, or have had contact with someone with symptoms of COVID-19, do not come to the clinic. Call your clinic ahead of time for advice.

Phone number: [INSERT DIALYSIS CLINIC PHONE NUMBER]

10. Remember to stay positive

The DaVita Village is here for you and is committed to looking after you during the duration of this pandemic and beyond. Stay safe and healthy!